

# Medical Action Plan



Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

Asthmatic: \_\_\_\_ Yes (Higher Risk for Severe Reaction) \_\_\_\_ No

Medical Condition: \_\_\_\_\_

How Does this affect your child in the classroom: \_\_\_\_\_

How may we offer the best classroom experience for your child: \_\_\_\_\_

## STEP 1: TREATMENT

### Symptoms:

### Give Checked Medication\*\*:

\*\*(To be determined by physician authorizing treatment)

If a food allergen has been ingested, but <i>no symptoms</i> :	Epinephrine	Antihistamine
Mouth Itching, tingling, or swelling of lips, tongue, mouth	Epinephrine	Antihistamine
Skin Hives, itchy rash, swelling of the face or extremities	Epinephrine	Antihistamine
Gut Nausea, abdominal cramps, vomiting, diarrhea	Epinephrine	Antihistamine
Throat† Tightening of throat, hoarseness, hacking cough	Epinephrine	Antihistamine
Lung† Shortness of breath, repetitive coughing, wheezing	Epinephrine	Antihistamine
Heart† Weak or thready pulse, low blood pressure, fainting, pale, blueness	Epinephrine	Antihistamine
Other		
Other		
If reaction is progressing (several of the above areas affected), give:	Epinephrine	Antihistamine

†Potentially life-threatening. The severity of symptoms can quickly change.

### DOSAGE

**Epinephrine:** inject intramuscularly (circle one) EpiPen® EpiPen® Jr. Twinject® 0.3 mg Twinject® 0.15 mg (see reverse side for instructions)

**Antihistamine:** give \_\_\_\_\_  
medication/dose/route

**Other:** give \_\_\_\_\_  
medication/dose/route

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

## STEP 2: EMERGENCY CALLS

1. Call 911 (or Rescue Squad: \_\_\_\_\_). State that an allergic reaction has been treated, and additional epinephrine may be needed.

2. Dr. \_\_\_\_\_ Phone Number: \_\_\_\_\_

3. Parent \_\_\_\_\_ Phone Number(s) \_\_\_\_\_

4. Emergency contacts:

Name/Relationship Phone Number(s)

a. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

b. \_\_\_\_\_ 1.) \_\_\_\_\_ 2.) \_\_\_\_\_

**EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!**

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

(Required).